

Westminster-Canterbury of the Blue Ridge Decision Key

YOUR GUIDE TO CHOOSING WELL.



Have you visited Westminster-Canterbury of the Blue Ridge?

Once you do, you'll no doubt love what you see. But we know every factor has to make sense — your heart and your head have to agree — before you can decide to move in. Here's what goes through the minds of most people.

“I'm not ready for this. I'm too young.”

Fair enough. But ask yourself if you're ready for this:

- To be free from chores and maintenance.
- To have skilled chefs cook for you.
- To have more time to pursue your interests.
- To cultivate meaningful new relationships.
- To have trained professionals help you keep active.
- To access every level of care, at no additional cost, when you need it.

“My house holds my life's memories.”

It does indeed. How can you leave that? Consider this:

- You may no longer use — or need — your entire house.
- Year by year, upkeep becomes more of a burden.
- If your health should change, it can become a liability.
- Your grown children may need to step in and help.
- The carrying costs of a house are never paid off.
- Your house may be limiting your social life.

“It's just too expensive.”

Is it? Consider what you're paying today ... and tomorrow.

- Taxes, insurance, services, repairs and replacements add up.
- Dining out, gym fees and entertainment also add expense.
- If you should need long-term care, what could that cost?
- Expenses are different at different communities.
- At WCBR your monthly fees will be predictable, even with a change in care level.

“I don't need care right now.”

That's exactly the right time to come.

- This lifestyle helps preserve wellness.
- Social engagement, exercise and fine dining are built in.
- Health and happiness thrive at this community.
- Lifecare is your ultimate safety net.
- You have to qualify and be able to live independently.
- It is possible to wait too long.

Your decision is too big to leave to chance.
Keep reading to discover key questions to ask.



Westminster-Canterbury of the Blue Ridge Decision Key QUESTIONS TO CONSIDER.

Which community is right for you? Only you can say.

To find out, you need to do the legwork and ask the right questions. Here's where to start.

RESIDENTIAL LIFE

- Are residents involved in community planning and governance?
- Do they offer a variety of living options, such as apartments and cottages?
- Are they well-equipped?
- What about parking?
- Does the community offer a range of restaurants on campus?
- How do residents relate to one another?
- Are there interesting things to do here?
- What do current residents say about the community?
- Does the community offer a spiritual dimension?

OWNERSHIP AND MANAGEMENT

- Is this a not-for-profit community?
- Is there a university affiliation?
- Is it accredited by CARF (Commission on Accreditation of Rehabilitation Facilities)?

STAFF CAPABILITY

- Do I get a good feeling from speaking with staff?
- Is the staff trained or certified to work with seniors?

CARE SERVICES

- Is a full continuum of care available on-site?
- Does the community offer a Type A contract?
- Are physician and hospital services easily accessible?
- Are there certified rehabilitation services available on-site?
- Is there a wellness clinic on campus?

PHYSICAL GROUNDS

- Are the amenities designed with seniors in mind?
- Are there purpose-built rooms for library, billiards, art studio, etc.?
- What does my gut say? Do I really want to live here?

The more you know, the better we look.

Does every community in Charlottesville deliver the level of experience, commitment, comfort and care you find at Westminster-Canterbury of the Blue Ridge? We're the only CCRC (Continuing Care Retirement Community) in the area that's not-for-profit, fully accredited, and that brings you the life-changing benefits of Lifecare.

With answers to these key questions, you're sure to choose well.

Consider us your personal information resource.

Call 434-972-2622 to start a conversation.